

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July Babies! Rita.D. July 6 th Jessie.B. July 10 th Alice.M. July 24 th Lori.L. July 29 th	Canada Day Celebrations! -Yard sale -Bake Sale -BBQ with the Islanders Canada Day	1 10:15 Fitness UD 10:45 am- Cranium Crunches UD 2pm-Mass Chapel 2:30-Social Tea UD 3pm Home Skills CR 6:30pm- Lets Bake	3 10:15 Fitness UD 10:45 Coffee and Caring CR 2:00 Floor Curling and Happy Hour UD 3:00 Home Skills CR	4 10:15 Fitness UD 10:45 Bible Study Ray K UD 2:00 Entertainment Barb Cranston & friends UD 3:00 Home Skills CR 6:30pm- Games Night UD Independence Day (US)	5 10:15 Fitness UD 10:45 Cranium Crunches UD 2:00 Anglican Church Service UD 2:30 Social Tea UD 3pm-Home skills CR	6 10:15 Craft Hour CR 2:00pm- Win Money Bingo UD 3:00 Home Skills CR
7 3:00 Home Skills CR	8 10:15am Fitness UD 10:45am- Cranium Crunches UD 2:00 Prize Bingo UD 3:00 Home Skills CR	9 10:15 Fitness UD 10:45-Cranium Crunches UD 2pm Ice Cream Parlor & Social Tea UD Or Outdoors 3pm Home Skills CR 6:30pm- Outdoor Walks	10 10:15 Fitness UD 10:45 Coffee and Caring CR 1:15pm-Jackson the Dog Visits AF 2:00 Bocce Ball & Happy Hour UD 3:00 Home Skills CR	11 10:15 Fitness UD 10:45 Bible Study Phil.H. UD 2:00 Entertainment Birthday Party UD 3:00 Home Skills CR 6:30pm Movies and popcorn UD	12 10:15 Fitness UD 10:45 Cranium Crunches UD 1:30pm Library Group Outing 2pm Arm Chair Travel UD 2:30 Social Tea UD 3:00 Home Skills CR	13 3:00 Home Skills CR
14 3:00 Home Skills CR	15 10:15 am Fitness UD 10:45-Cranium Crunches UD 2:00 Prize Bingo UD 3:00 Home Skills CR	16 10:15 Fitness UD 2pm-Mass Chapel 2:30-Social Tea UD 3pm Home Skills CR 6:30pm- Karaoke Rock stars UD	17 10:15 Fitness UD 10:45 Coffee and Caring CR 2:00 Floor Curling and Happy Hour UD 3:00 Home Skills CR	18 10:15 Fitness UD 10:45 Bible Study Paul A UD 2:00 Entertainment- Doug & Friends UD 3:00 Home Skills CR 6:30pm- Lets bake	19 10:15 Fitness UD 10:45 Cranium Crunches UD 11:15 am- Lunch Outing to Green Acres Sign up required \$10 2pm UD 2:30 Social Tea UD 3:00 Home Skills CR	20 10:15 Craft Hour CR 2:00pm- Penny Auction UD 3:00 Home Skills CR
21 2pm- Pentecostal Service- UD 3pm-Home Skills-CR	22 10:15 am Fitness UD 10:45am-Cranium Crunches UD 2:00 Quarter Bingo UD 3:00 Home Skills CR	23 10:15 Fitness UD 10:45-Cranium Crunches UD 1:15 pm Residents Council CR 2pm Milkshake Social 3pm Home Skills CR 6:30pm- Outdoor Walks	24 10:15 Fitness UD 10:45 Coffee and Caring CR 1:15pm-Jackson the Dog Visits AF 2:00 Bocce Ball & Happy Hour UD 3:00 Home Skills CR	25 10:15 Fitness UD 10:45 Bible Study Ray K UD 2:00 Entertainment Barry Hamilton UD 3:00 Home Skills CR 6:30pm- Happy hour and Games CR	26 10:15 Fitness UD 10:45 Cranium Crunches UD 2:00pm United Church Service 2:30pm- Social Tea- UD 3:00 Home Skills CR	27 * Missing Clothes Cart in Craft Room! 3:00 Home Skills CR
28 Missing Clothes Cart in Craft Room! 3:00 Home Skills CR	29 10:15 am Fitness UD 10:45am-Cranium Crunches UD 2:00 Bring a TWOONIE Bingo UD 3:00 Home Skills CR	30 10:15 Fitness UD 2pm-Mass Chapel 2:30-Social Tea UD 3pm Home Skills CR 6:30pm- Lets Bake	31 10:15 Fitness UD 10:45 Coffee and Caring CR 1:15pm- Food Committee CR 2:00 Floor Curling and Happy Hour UD 3:00 Home Skills	<h1>July 2019</h1> <p>Proud to be CANADIAN!</p>		